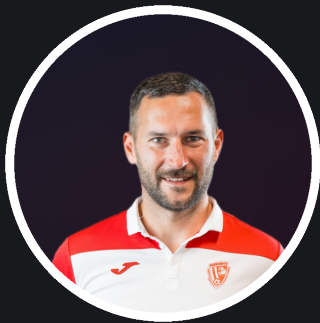




LUKÁŠ HRDINA

FOOTBALL COACH
UEFA A LICENCE

PROFILE

UEFA A football coach focused on turning opposition analysis into executable game plans and clear behaviours in training and matches. My strongest contribution to a coaching staff is connecting analysis, match-specific solutions, training transfer and match-day adaptation. Defensive organisation and situational control are core areas. Data and video support my coaching decisions.

COACHING DNA

Strive to control the game in every phase - with and without the ball.

CONTACT

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COACHING EXPERIENCE

FK Pardubice

Head Coach U17 | 07/2025-06/2026

- Led the full U17 coaching process and developed a principle-based game model adapted to player profiles and opposition behaviour.
- Converted opposition analysis into match-specific solutions, training behaviours and match-day adjustments.
- Focused on defensive organisation, situational control, high-intensity demands and player development.
- Integrated GPS, VEO and video analysis into the weekly process.

FK Pardubice

Assistant Coach U19 | 01/2025-05/2025

- Member of Pavel Němeček's coaching staff; contributed to tactical and physical preparation for senior-football demands.
- Supported match preparation, the daily coaching process and players progressing towards B-team and first-team football.

FK Pardubice

Assistant Coach U17 | 09/2024-12/2024

- Contributed to tactical preparation, training design and individual player development.

1. HFK Olomouc

Assistant Coach - First Team | 07/2023-10/2024

- Attended every training session and match and consulted with the head coach on match strategy and tactical solutions.
- Contributed to the team's preparation throughout a season that ended with the first team securing survival in the Czech 4th tier.

1. HFK Olomouc

Head of Youth Development | U19/U17 Head Coach | 10/2022-08/2024

- Led youth methodology and coaching work in the U19 and U17 environments.
- Connected player development with the requirements of senior football.

LUKÁŠ HRDINA

FOOTBALL COACH | UEFA A

CORE COACHING EXPERTISE

Opposition Analysis

Identifying opposition structures, behaviours, strengths and vulnerabilities.

Game Planning

Turning analysis into clear solutions for build-up, pressing, defending and transitions.

Defensive Organisation

Improving cooperation between units and the team as a whole.

Training Transfer

Designing sessions that reproduce the behaviours required in the match.

In-Game Adaptation

Adjusting structures, roles and behaviours while retaining core principles.

Player Development

Individualisation and preparation for the demands of higher-level football.

TOOLS

GPS · VEO · Wyscout · Metrica
PlayBase · Video Analysis

WORKING PRINCIPLE

Improve individual performance, prepare players for higher levels and support their long-term value to the team and club.

SELECTED EVIDENCE

FK Pardubice U17 | 2025/26

The team's competitive output improved markedly from autumn to spring while the playing group became younger.

AUTUMN	SPRING	SPRING WINS
14 pts 18:23	31 pts 38:20	10

Four players received Czech U16 national-team call-ups during the season.

SELECTED PLAYER PATHWAYS

Matěj Kvaček

Coached at FK Pardubice. He later attended a trial at FC Bayern München, made two senior appearances in the Czech top flight and currently plays for FC Wacker Innsbruck in the Regionalliga West.

Vojtěch Kimmel

Coached at 1. HFK Olomouc when he became the U19 team's top scorer as an underage player; he subsequently transferred directly to SK Sigma Olomouc.

I have also worked with players who later progressed to Czech youth national teams, B-team and first-team football. These outcomes reflect the players' work and the wider coaching process.

EDUCATION & PROFESSIONAL DEVELOPMENT

UEFA A Licence

TSG 1899 Hoffenheim | Germany | 10/2024

Methodological internship focused on data analytics, pressing principles and the high-performance environment of an elite German club.

SELECTED PROFESSIONAL COLLABORATIONS

Pavel Němeček - FK Pardubice U19 coaching staff

Michal Vepřek - 1. HFK Olomouc U19 and first-team environment

POSITIONING

Opposition Analysis → Game Plan →
Training → Match Execution